

**Arc ORCHARD PARK EVENING OF ACTIVITIES
JANUARY – MAY 2010**

Orchard Park Recreation Center

Arc Orchard Park Evening of Activities is weekly Tuesday evening events Sept. through May for individuals with developmental disabilities ages 13 and over. All those who attend must have supervision. The Arc provides the activities and staff/volunteers but the participants must be supervised by agency staff, parents, and guardians and in a few cases themselves. Any activity that goes against the following rules may result in individual(s) losing the privilege of attending these activities.

1. No one should arrive at an activity 15 minutes prior to start time.
2. No fighting or rough housing of any type.
3. Smoking only allowed in one outside area. (North West back door.)
4. When you attend an indoor event at Orchard Park you must stay indoors. Once you leave you leave for good.
5. No alcohol or drug usage.
6. No use of profanity.
7. Everyone must be picked up no later than 5 minutes after an activity is scheduled to conclude.
8. Know the schedule. You can find this schedule and any updates on the Arc's Website: www.arc-sedgwickcounty.org

THE FIRST WEEK OF EACH MONTH IS MEAL NIGHT AND THE HOURS DIFFER FROM MEAL TO MEAL BUT FOR THE MOST PART IS FROM 5:30P.M. – 7:00P.M. WITH THE EVENT ENDING AT 7:00P.M. COST IS \$4.00 FOR A COMPLETE MEAL THAT WILL HAVE HEALTHY OPTIONS.

Reservations are needed for the meal nights. Please call 943-1191 by the Friday prior to the meal. You may email your reservations for these meals to: bstauble@arc-sedgwickcounty.org

January 5: Hamburger and Polish Sausage Winter Picnic (Indoors) \$4.00

February 2: Chili and Soup Night \$4.00

March 2: Oriental Night \$4.00

April 6: PIZZA AND SALAD BAR \$4.00

May 4: Free Meal Night sponsored by the Shooting Star Self Advocates Menu to be announced (Donations accepted to keep our monthly dances free.)

A REMINDER: RESERVATIONS FOR ALL THE MEALS IS A MUST. CALL 943-1191.

THE SECOND TUESDAY OF EACH MONTH WILL HAVE CRAFTS AND A WOW (WELLNESS) ACTIVITY. ALWAYS FREE 7:00P.M. – 8:30P.M.

January 12, February 8, March 9, April 13 & May 11

(OVER)

THE THIRD TUESDAY OF EACH MONTH IS OUR DANCE NIGHT. FREE 7:00P.M. – 8:30P.M. Self Advocates will sell concessions and free refreshments are served at 8:10P.M.

January 19, February 16*, March 16, April 20*** & May 18******

***February 16 is MARDI GRA NIGHT \$1.00 For Cake and Pop and you may Purchase Mardi Gra Beads. 7:00P.M. – 8:30P.M.**

****March 16 is St. Patrick Day Dance Wear Green Special Free Snack and prizes for the best green outfit!**

***** April 20 Arc Idol Talent Competition Register your talent by Tuesday April 13 with Nancy or call 943-1191.**

****** May 18 HAPPY BIRTHDAY PARTY TO EVERYONE!!!**

The Shooting Star Self Advocate Group will meet each third Tuesday prior to the dance at 6:00P.M. at Orchard Park to go over the upcoming month activities. Please join this energetic group of Advocates as they make a difference in our community.

THE FOURTH TUESDAY OF EACH MONTH IS MOVIE NIGHT AND A WOW (Wellness) EVENT. 7:00P.M. – 8:30P.M. Free Orchard Park

January 26, February 23. March 23

April 27 Free Motorcycle Rides at Orchard Park

May 25 Watson Park Picnic \$4.00 Fun Night and Free Motorcycle Rides at Watson Park (RESERVATIONS ARE NEEDED)

WE HAVE ONE FIFTH TUESDAY ON MARCH 30 AND WE WILL HAVE A FREE DANCE FROM 7:00P.M. – 8:30P.M. AT ORCHARD PARK

SPECIAL DANCE NIGHT AT ORCHARD PARK

Saturday February 13: Valentine Couple Dinner and Annual Arc Valentine Dance 5:15p.m. – 6:30p.m. Couples Only Dinner \$30.00 a couple (Includes Dinner, Flowers for the ladies, extra photos, Valentine souvenir and the dance.)

6:30P.M. – 8:30P.M. Valentine Dance with Great Refreshments \$4.00

Valentine Pictures and King and Queen Crowning

Reservations must be made at 943-1191.

NOTE: Arc Orchard Park Evening of Activities is supported by our friends the Wichita Department of Parks and Recreation!

Arc Special projects Web site is: www.arc-sedgwick county.org

MARK YOU CALENDARS FOR Arc SUMMER DANCE NIGHTS:

Tuesdays June 15 and 29, July 20 and August 17 and 31 7:00P.M. – 8:30P.M.

At ORCHARD PARK FREE